



DOGS GET LYME DISEASE TOO!
CHECK YOUR DOG FOR TICKS WHILE CHECKING YOURSELF.

November 2007						
S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December 2007

January 2008						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sunday

Monday

Tuesday

Wednesday

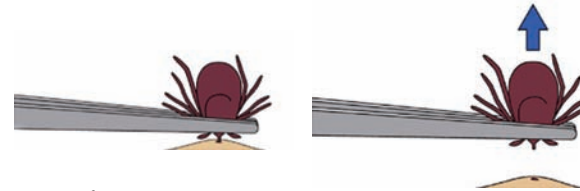
Thursday

Friday

Saturday

How to Remove a Tick

1. Use fine-tipped tweezers or shield your fingers. 2. Grasp the tick as close to the skin surface as possible and pull upward with steady pressure. Do not twist, jerk, squeeze or crush the tick. 3. Do not handle the tick with bare hands. 4. After removing the tick, thoroughly disinfect the bite site and wash your hands with soap and water. 5. You may wish to save the tick for identification in case you become ill within 2 to 3 weeks. Place the tick in a plastic bag and put it in your freezer. Write the date of the bite on a piece of paper with a pencil and place it in the bag.



courtesy of CDC

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Dogs can get Lyme disease too. Ask your veterinarian about vaccinating your pet.

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Deer ticks must be attached for at least 24 hours to transmit Lyme disease.

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There were over 19,000 cases of Lyme disease in the U.S. in 2005.

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Most cases of Lyme disease occur in the spring and summer when deer tick nymphs are most active.

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New Year's Eve

Christmas Day



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Visit our Web page at www.fairfaxcounty.gov/fightthebite • fightthebite@fairfaxcounty.gov